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WIAA Diving Score Sheet 2000-2001

VARSITY JUNIOR EXHIBITION

Points: 3 Back 1.5, 1.5, 1.5, 1.5
1.5, 1.5, 1.5, 1.5

FRONT DIVES

1.01 Forward One	1.0	1.0	1.0
1.02 Forward 1/2 Som.	1.4	1.5	1.6
1.03 Forward 1/3 Som.	1.6	1.7	1.7
1.04 Forward 2/3 Som.	2.0	2.0	2.0
1.05 Forward 3/4 Som.	2.4	2.4	2.4
1.06 Forward 3/4 Som. Flg.	3.0	3.0	3.0
1.07 Forward 1/2 Som. Flg.	3.4	3.4	3.4
1.08 Forward Flying 1 Som.	3.8	3.7	3.7
1.09 Forward Flying 1 1/2 Som.	4.2	4.2	4.2

BACK DIVES

2.01 Back One	1.0	1.0	1.0
2.02 Back 1/2 Som.	1.5	1.6	1.7
2.03 Back 1/3 Som.	2.0	2.0	2.0
2.04 Back 2/3 Som.	2.4	2.4	2.4
2.05 Back 3/4 Som.	3.0	3.0	3.0
2.06 Flying Back 1 Som.	3.4	3.7	3.7

INVERSE DIVES

3.01 Reverse One	1.0	1.0	1.0
3.02 Reverse 1/2 Som.	1.6	1.7	1.8
3.03 Reverse 1/3 Som.	2.0	2.0	2.0
3.04 Reverse 2/3 Som.	2.4	2.4	2.4
3.05 Reverse 3/4 Som.	2.8	2.8	2.8
3.06 Flying Reverse Som.	3.2	3.2	3.2

SWITCH DIVES

4.01 Inward One	1.4	1.5	1.6
4.02 Inward 1/2 Som.	1.8	1.7	1.8
4.03 Inward 1/3 Som.	2.0	2.0	2.0
4.04 Inward 2/3 Som.	2.4	2.4	2.4
4.05 Inward 3/4 Som.	2.8	2.8	2.8
4.06 Inward Flying Som.	3.2	3.1	3.1
4.07 Inward Flying 1 1/2 Som.	3.6	3.7	3.7

SUBT DIVES

5.01 Forward One, 1/2 Twist	1.7	1.8	1.8
5.02 Forward One, 1 Twist	2.0	2.0	2.0
5.03 Forward 1/2 Som., 1/2 Twist	2.4	2.4	2.4
5.04 Forward 1/2 Som., 1 Twist	2.8	2.8	2.8
5.05 Forward 1/3 Som., 1/2 Twist	3.0	3.0	3.0
5.06 Forward 1/3 Som., 1 Twist	3.4	3.4	3.4
5.07 Forward 1/3 Som., 1 1/2 Twist	3.8	3.7	3.7
5.08 Forward 1/2 Som., 1/2 Twist	3.8	3.8	3.8
5.09 Forward 1/2 Som., 1 Twist	4.2	4.2	4.2
5.10 Forward 1/2 Som., 1 1/2 Twist	4.6	4.6	4.6
5.11 Back One, 1/2 Twist	2.0	1.9	1.9
5.12 Back One, 1 Twist	2.4	2.4	2.4
5.13 Back 1/2 Som., 1/2 Twist	2.4	2.4	2.4
5.14 Back 1/2 Som., 1 Twist	2.8	2.8	2.8
5.15 Back 1/2 Som., 1 1/2 Twist	3.2	3.2	3.2
5.16 Back 1/3 Som., 1/2 Twist	3.2	3.2	3.2
5.17 Back 1/3 Som., 1 Twist	3.6	3.6	3.6
5.18 Back 1/3 Som., 1 1/2 Twist	4.0	4.0	4.0
5.19 Back 1/2 Som., 1/2 Twist	4.0	4.0	4.0
5.20 Back 1/2 Som., 1 Twist	4.4	4.4	4.4
5.21 Back 1/2 Som., 1 1/2 Twist	4.8	4.8	4.8
5.22 Back 1/3 Som., 1/2 Twist	3.6	3.6	3.6
5.23 Back 1/3 Som., 1 Twist	4.0	4.0	4.0
5.24 Back 1/3 Som., 1 1/2 Twist	4.4	4.4	4.4
5.25 Inward One, 1/2 Twist	2.7	2.6	2.6
5.26 Inward One, 1 Twist	3.1	3.1	3.1
5.27 Inward 1/2 Som., 1/2 Twist	2.7	2.6	2.6
5.28 Inward 1/2 Som., 1 Twist	3.1	3.1	3.1
5.29 Inward 1/3 Som., 1/2 Twist	3.0	3.0	3.0
5.30 Inward 1/3 Som., 1 Twist	3.4	3.4	3.4
5.31 Inward 1/3 Som., 1 1/2 Twist	3.8	3.8	3.8
5.32 Inward 1/2 Som., 1/2 Twist	3.4	3.4	3.4
5.33 Inward 1/2 Som., 1 Twist	3.8	3.8	3.8
5.34 Inward 1/2 Som., 1 1/2 Twist	4.2	4.2	4.2
5.35 Inward 1/3 Som., 1/2 Twist	3.4	3.4	3.4
5.36 Inward 1/3 Som., 1 Twist	3.8	3.8	3.8
5.37 Inward 1/3 Som., 1 1/2 Twist	4.2	4.2	4.2
5.38 Inward 1/2 Som., 1/2 Twist	3.4	3.4	3.4
5.39 Inward 1/2 Som., 1 Twist	3.8	3.8	3.8
5.40 Inward 1/2 Som., 1 1/2 Twist	4.2	4.2	4.2
5.41 Inward 1/3 Som., 1/2 Twist	3.0	3.0	3.0
5.42 Inward 1/3 Som., 1 Twist	3.4	3.4	3.4
5.43 Inward 1/3 Som., 1 1/2 Twist	3.8	3.8	3.8
5.44 Inward 1/2 Som., 1/2 Twist	3.4	3.4	3.4
5.45 Inward 1/2 Som., 1 Twist	3.8	3.8	3.8
5.46 Inward 1/2 Som., 1 1/2 Twist	4.2	4.2	4.2
5.47 Inward 1/3 Som., 1/2 Twist	3.0	3.0	3.0
5.48 Inward 1/3 Som., 1 Twist	3.4	3.4	3.4
5.49 Inward 1/3 Som., 1 1/2 Twist	3.8	3.8	3.8
5.50 Inward 1/2 Som., 1/2 Twist	3.4	3.4	3.4

Diver's Name (Print) _____ (First & Last Name)
 Diver's Signature _____
 Coach's Signature _____
 School _____
 Date of Meet _____ Location _____

	ORDER	POINTS	PLACE
PRELIMS			
SEMI-FINALS			
FINALS			

DIVER	DIVE	DIVE			DIVE	TOTAL
		ORDER	POINTS	PLACE		
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						

WE REFERRED BY: _____ Diver List

12/1/2010

ITERS-3 Self-Review Reflection Sheet

This is a self-review sheet for program directors. It contains a series of questions and checkboxes for self-assessment of the program's quality and improvement efforts.

Item	Reviewed	Notes	Rating
1			
2			
3			

download the ELDG materials for providers Back to top Classroom Assessment Scoring System (CLASS) Tools CLASS is a valid and reliable tool designed to focus on teacher-child interactions, which has been linked to improved child outcomes. This includes: Reference for terms and useful charts for using ERS-R notes for clarification, page numbers often included. Clayton Early Learning ERS Tools Back to top Colorado Early Learning and Development Guidelines (ELDG) The early years of a child's life, from birth to age eight, are critically important for learning and development. For more information and how to order a copy of the book go to The McCormick Center for Early Childhood Leadership/BAS Back to top Sections to provide information for parents & caregivers, providers & educators, and child advocates. Click on the links below for information on other tools or references to help prepare you: Environment Rating Scale (ERS) Environment Rating Scale Revised Edition books are used for programs throughout the nation as a tool for evaluating the quality of a child care program. Currently, Colorado Shines Quality Rating and Improvement System uses the Environment Rating Scale Revised Edition books for the scoring basis of rating observations. Click here to buy CLASS Dimensions Guide from Teachstone Back to top Program Administration Scale (PAS) Used for Child Care Center Programs The Program Administration Scale (PAS) is a valid and reliable instrument designed to measure the leadership and management practices of early childhood programs. Infant CLASS (birth to 18 months) includes a focus on how caregivers: Provide infants with a secure base for exploration Respond to their needs in sensitive ways Encourage early language development Toddler CLASS (15 to 36 months) includes a focus on how caregivers: Help children establish autonomy Support children as they make connections between things they learn Guide children as they learn to regulate their behavior Pre-K CLASS (3 to 5 years) includes a focus on how teachers: Foster a secure, supportive base for children's learning and exploration Help children develop language and cognitive skills Construct environments and experiences that help children develop their abilities CLASS Dimensions Guide - Optional reference guide for teaching staff The CLASS Dimensions Guide serves as a foundation for all of Teachstone's CLASS-based programs, reminding educators how effective interactions are organized and how they impact learning. We are here to help you through the quality improvement process so please don't hesitate to contact us for support. Reference for terms and charts on Playground Click on the link below and then select the appropriate ERS tool to view the downloadable resources, which can be printed on full or label sheets for easy application to ERS-R books. The Colorado Early Learning and Development Guidelines (ELDG) website provides examples of what children typically do at certain ages and suggestions for how adults can support their development. By focusing on interactions, the CLASS® assessment provides evidence to assist teachers in understanding and improving their practices to more effectively create a classroom environment conducive to learning. The Colorado Early Learning and Development Guidelines (ELDG) provide practical tips and points of reference that anyone can use to help kids grow. This system provides a structure for rating all licensed early childhood programs in Colorado for quality using a common set of research-based standards for incentivizing and supporting programs to raise their quality over time. Visit this QRIS Resources page for frequent updates. For more information and how to order a copy of the book go to The McCormick Center for Early Childhood Leadership/PAS Back to top Business Administration Scale (BAS) Used for Family Child Care Programs The Business Administration Scale for Family Child Care (BAS) is a reliable and easy-to-administer tool for measuring the overall quality of business and professional practices in family child care settings. Providers use the information from the BAS to learn about the quality of their practices and take action toward positive change. Early Childhood Environment Rating Scale Revised Edition (ECERS-R) Used for rating classrooms serving children ages 3 years to Kindergarten Click here to download ECERS-R notes (available in English and Spanish) Click here to download ECERS-R Supplementary Materials Infant/Toddler Environment Rating Scale Revised Edition (ITERS-R) Used for rating classrooms serving children ages birth to 3 years Click here to download ITERS-R notes (available in English and Spanish) Click here to download ITERS-R Supplementary Materials Family Child Care Environment Rating Scale Revised Edition (FCCERS-R) Used for rating mixed ages in a Family Child Care Program Click here to download FCCERS-R notes (available in English and Spanish) Click here to download FCCERS-R Supplementary Materials Click here to buy the ERS books Back to top Colorado Specific Updates for ERS Tools Clayton Early Learning provides additional notes based on Colorado licensing requirements. Please refer to the Colorado Shines Program Guide to learn more about the rating system. Teachers will find it easy to use, and coaches will find it a helpful reference as they provide feedback to their teachers. Downloads are available under ECERS-R Tools, ITERS-R Tools, or FCCERS-R Tools sections. Other versions of the ERS tools are available, so please be sure you are using the ECERS-R, ITERS-R, and FCCERS-R books (usually left-side spiral bound) for your child care programs. Home > For Providers > Quality Support > QRIS Resources The Colorado Shines Quality Rating and Improvement System (QRIS) is a tool for assessing, enhancing and communicating the level of quality in early care and education. Scroll down to the ERS book you would like to update and then click on the links for : additional notes for clarifications supplementary materials including practice scoresheets, playground guidelines, meal guidelines, substantial portion of the day chart, diapering and handwashing procedure, table washing procedure, and more Please check back frequently for updates. There are also customizable printed materials.

262022/1/ · Information in this resource is appropriate to be used with each Environment Rating Scale. Language for learning: Schoolagers (video) Este documento resume brevemente algunos de los requisitos del lavado de las manos y algunos requisitos para la salud en el ITERS-R, ECERS-R y FCCERS-R. Está disponible en Inglés y Español. 262017/5/ · Directions-(Q.16 - 20) In each of these questions a group of numbers are given which are to be coded as per the scheme given below. You have to find out which of the answers (A), (B), (C) or (D) has the correct coded form of the given numbers and indicate it on your answer sheet. If none of the coded forms are correct mark (E) i.e. Training Opportunities. Learn from the authors to assess and improve early learning environments with the Early Childhood Environment Rating Scale®, Third Edition (ECERS-3), the Early Childhood Environment Rating Scale®, Revised (ECERS-R), the Infant/Toddler Environment Rating Scale®, Third Edition (ITERS-3), the Infant/Toddler Environment Rating Scale®, Revised (ITERS-R), the . . . 312022/1/ · This document provides information that may increase understanding of the Environment Rating Scale (ERS) assessment process. It can also be used to support an on-going process to develop and maintain quality care for children in your program. It is available in English and Spanish. (579 downloads) · 112 Georgia has proposed three levels of quality. The program's level is determined by a point system; points are assigned based on data collected through the portfolio and environment rating scale score(s). The tabulated points equate to a quality level. Familiarity with tools to evaluate program quality, such as the Early Childhood Environment Rating Scale-Revised (ECERS-R), Infant/Toddler Environment Rating Scale-Revised (ITERS-R), Family Child Care Environment Rating Scale-Revised (FCCERS-R), School-Age Care Environment Rating Scale (SACERS), Classroom Assessment Scoring System (CLASS), as well as tools used to ...

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